### Upcoming Events - 2023

Table Top Sale &	Saturday 20 <sup>th</sup> May		
Book Swap			
Scarecrow Trail &	Saturday 13 <sup>th</sup> & Sunday 14 <sup>th</sup> May	This year's Scarecrow	
Gift Fair Week-end		theme: Musicals	
Book Swap &	Saturday 8 <sup>th</sup> July		
Coffee Morning			
Tractor Run	Sunday 20 <sup>th</sup> August	See the Tractors, old & new	
		and enjoy coffee and cake	
		in the hall	
Book Swap &	Saturday 9 <sup>th</sup> September		
Coffee Morning			
Annual Arts &	Saturday 4 <sup>th</sup> & Sunday 5 <sup>th</sup>	High quality products,	
Crafts Weekend	November	all hand made by local	
		Craftspeople. Beverages &	
		tasty homecooked food	
		available each day	
Book Swap &	Saturday 11 <sup>th</sup> November		
Coffee Morning			
Carols on Tractors	Saturday 16 <sup>th</sup> December	Start the Festive season	
		with traditional Carols	

#### Don't forget:

**Table Top Sale** - With the Car Boot Sale in Kelbrook ending we have incorporated a trial Table Top Sale into our May Bookswap/Coffee event.

Village Event - Fell Race, Saturday 3rd June at 10-15am. Refreshments available at the Village Hall from 9-30 am.

Kelbrook & Sough Lunch Club at your Village Hall (Annex) - Open to all over 60's from Kelbrook & Sough. Starts 12:00, lunch at 12:30. 2023 Dates: 26<sup>th</sup> May, 30<sup>th</sup> June, 28<sup>th</sup> July, 25<sup>th</sup> Aug, 29<sup>th</sup> Sept, 27<sup>th</sup> Oct, 24<sup>th</sup> Nov, 22<sup>nd</sup> Dec. Contact Sharon (07944174737) or Christine (07788914712)





# Kelbrook & Sough Village Hall Newsletter May-Aug 2023

Here we are again in May with hopefully, some better weather to look forward to. We have organised a series of events during the next few months to make the most of the warmer weather. Please come along to these events and support your village hall whilst bringing enjoyment to yourselves and family. We hope to see you there.

Thank you for continued support.

Contact: Carolyn Bell Tel: 01282 842718

Website: www.kelbrookvillagehall.org.uk

(Registered Charity No. 1101005)

Activity	Day	Time	Contact	Contact
				Number
Yoga	Monday	6:30 - 8:00 pm	David Rogers	07768
				185740
Toddle into	Tuesday	10:30 - 11:30	Rev Hugh Fielden	01282
Church		am		844877
Kelbrook	Tuesday (In	1:30 - 3:30 pm	Martin Wilkinson	01282
Painting Group	Annex)			842775
Badminton	Tuesday	8:00 - 10:00 pm	John McGrow	01282
	·			545160
Indoor Bowls	Wednesday	12:30 - 4:00 pm	Howard Bond	01282
	(October to			842688
	March)			
Tai - Chi	Wednesday	6:30 -	Bill Keith	01282
		8:00 pm		770141
Dance, fitness	Thursday	11:00am - 12:00	Janet Broadhead	07879
& fun		noon		886612
Lunch Club	Last Friday of	Arrive at 12:00	Sharon	07944
	month	for lunch at		174737
		12:30		
			Christine	07788
				914712
Children's	Friday	5:30 - 7:45 pm	Imogen Gibson	07590
Dance Club			_	663286

Your opportunity to meet like minded people from our community. Learn a new skill, try a new sport, lose a few pounds or simply enjoy yourselves.

Why not give it a try?

## Keep in touch with us

You can keep in touch with what's happening at your village hall by visiting our website: <a href="www.kelbrookvillagehall.org.uk">www.kelbrookvillagehall.org.uk</a>. You can easily get to this site by simply googling kelbrook village hall then clicking on website. We are also on facebook:

## Spotlight on Community Groups

#### Dance, fitness & fun

A new group using movement to popular, Latin & Country music to improve your co-ordination, flexibility and muscle strength whilst exercising your brain and lifting your mood.



This popular class is suitable for over 50's but anyone is welcome. Why not come along, wearing comfy clothes & shoes to join the fun & meet new people every Thursday at 11:00am. For more info contact Janet on 07879 886612

#### Tai Chi

An established class using slow, graceful movements along with controlled breathing to improve your health, body & mind. Other benefits include better posture, flexibility and balance helping to reduce falls & stress.

All welcome every Wednesday 6:30 - 8:00pm. For more info contact Bill Keith on 01282 770141